



HOME EMERGENCY SUPPLY CHECKLIST - Page 1

DRINKING WATER

- 4 litres per person per day for at least 3 to 7 days (sufficient for drinking, food prep and brushing teeth)
- 1 litre per day per pet
- Best option is commercially bottled water in PETE bottles (can be stored for up to 2 years without leaking).
 - 2 yr expiry date
 - convenient sizes

WASHING WATER

- ☠ DO NOT USE FOR DRINKING. Could cause health problems if used as drinking water. ☠**
- Water in flush tank (not bowl)
(Drink only if not chemically treated and tank cleaned every 6 months)
 - Water in hot water tank (Drink only if tank drained and flushed every 6 months . Otherwise rust and minerals will accumulate)
 - Water in swimming pool or hot tub

FOOD

Be able to produce a week of meals for your family, anywhere, with minimal equipment, heat source and water. Select foods you like to eat which also meet any special dietary needs.

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| <ul style="list-style-type: none"> <input type="checkbox"/> Prepare menu and purchase foods <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Foods needing little or no water to prepare <input checked="" type="checkbox"/> Foods with at least a 6 month shelf life <input checked="" type="checkbox"/> Comfort / stress food <input checked="" type="checkbox"/> Plastic utensils | <ul style="list-style-type: none"> <input type="checkbox"/> Paper plates & cups <input type="checkbox"/> Alternate cooking method & fuel (outdoors) <ul style="list-style-type: none"> <input checked="" type="checkbox"/> propane/charcoal bbq <input checked="" type="checkbox"/> butane stove <input checked="" type="checkbox"/> white gas or propane coleman stove |
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SANITATION

- Tag for toilet
- Hydrated lime / Brief Relief & Disposa-John bags
- Rubber gloves / scoop / dust masks
- Lots of garbage bags
- Garbage cans with lids

PERSONAL HYGIENE

- Shampoo / toothpaste / toothbrush /denture supplies
- Baby supplies
- Extra eye glasses / contact lens supplies
- Feminine supplies
- Toilet paper / towel

HANDWASHING STATION

- Liquid soap
- Water supply for handwashing (1 cup per wash)
- Paper towels
- Bucket and cup

TOOLS

- Duct tape
- Crowbar
- Multi-blade knife
- Can opener/cans with tabs

SAFETY & COMFORT

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| <ul style="list-style-type: none"> <input type="checkbox"/> Sturdy shoes / flashlight & batteries by each bed <input type="checkbox"/> Warm protective clothing/poncho <input type="checkbox"/> Sleeping bags / blankets / emergency blankets <input type="checkbox"/> Flashlights / batteries <input type="checkbox"/> Lightsticks / 36 hour candles <input type="checkbox"/> Power failure lights/lanterns | <ul style="list-style-type: none"> <input type="checkbox"/> Alternate heat source & fuel <input type="checkbox"/> Heavy workgloves (for clearing debris) <input type="checkbox"/> First aid kit and manual <input type="checkbox"/> Safety goggles / dust mask / whistle <input type="checkbox"/> Plastic sheeting /tarps/alternate shelter <input type="checkbox"/> Childrens' toys |
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CAN'T DO WITHOUT

- | | |
|--|---|
| <ul style="list-style-type: none"> <input type="checkbox"/> Battery operated / hand crank radio <input type="checkbox"/> Extra house / car keys <input type="checkbox"/> ID / Family documents / pictures <input type="checkbox"/> Medications & spare eyeglasses <input type="checkbox"/> Extra batteries stored in original packaging | <ul style="list-style-type: none"> <input type="checkbox"/> Completed "out of area" contact cards <input type="checkbox"/> Telling "out of area" contact how the system works <input type="checkbox"/> Knowing how to text on your cell phone <input type="checkbox"/> At least one plug-in phone (not cordless) <input type="checkbox"/> Fire extinguisher (ABC type) |
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PET SUPPLIES

- 3 to 7 days of food and water
- Veterinary records / photo / medications
- Leash / pet carrier / ID collar
- Plastic bags/ litter / newspaper

UTILITIES

- Gas wrench
- Locate street service valve & arrange purchase / share of water key
- Tags for electrical panel and inside water valve

REMEMBER...

- A pre-stocked safe water supply is best – no boiling (which uses up precious fuel supplies) or treatment required – just open and drink. **BOILING WATER DOES NOT REMOVE CHEMICAL CONTAMINANTS.**
- Check your kit in March and November (same time you change your clocks and smoke alarm batteries) and rotate emergency food supplies into your home food supply

HOW TO STORE?

- Hydrated lime - in sealed easy to carry containers (paint can / ice cream bucket) in a dry area.
- Food and water - inside in a cool, dry, dark area – keep the containers away from stored chemicals or fuels. Plastic will absorb hydrocarbon vapors.
- Your gas wrench can be hung near but not on the gas meter

WHERE TO STORE?

- Closet / cupboard / under a bed – near an exit
- In a carport, garage, or outside shed
- In the basement in an easily accessible location

WHAT TO STORE IN?

- Wheeled garbage container with a tight fitting lid
- Rubbermaid containers with tight fitting lids
- Knapsack / duffle bag / suitcase

WEBSITES AND PHONE NUMBERS

Emergency Management BC	www.embc.gov.bc.ca	
Emergency Preparedness Canada	www.psepc-sppcc.gc.ca	
FortisBC (formerly Terasen Gas)	www.fortisbc.com	1-800-663-9911 to report gas leak
BC Hydro	www.bchydro.com	1-888-769-3766 to report power outage
Vancouver Coastal Health	www.vch.ca	
BC Health Files	www.bchealthguide.org/	
Health Canada	www.hc-sc.gc.ca	
World Health Organization	www.who.int	

NSEMO WELCOMES YOUR LETTERS OF SUPPORT FOR THE PROGRAM

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