

## VEHICLE EMERGENCY KIT

The unexpected can happen any time and anywhere. You may be in your car and not able to return home, so you need to have supplies to help sustain you and keep you comfortable. **Keep your gas tank at least half full at all times, especially in winter.** Consider what you can comfortably carry because you may have to leave your car and walk to a safe location. Check out [www.nsemo.org](http://www.nsemo.org) for more information on preparedness.



### Supplies –can fit in a backpack

- Water pouches (9- 41/2 oz. packages)
- Food (ready to eat)
- Sturdy walking shoes & socks
- Medications
- Extra clothing (think seasonal)
- Poncho & emergency blanket
- Heavy duty work gloves
- Battery operated/wind-up radio & batteries
- Flashlights & batteries / light sticks/ headlamp
- Cell phone charger or solar battery charger
- Warm blanket or sleeping bag
- Whistle
- Out of area contact number
- Pen and small notepad
- Emergency cash in small denominations
- Local map book
- Multi-blade / exact o knife
- Survival candles & matches
- Warning lights and flares
- Additional supplies such as:
  - ✓ Book and playing cards
  - ✓ Small first aid kit
  - ✓ Reading glasses
  - ✓ Hand and foot warmers
  - ✓ Suntan lotion
  - ✓ Empty container or bucket

### Vehicle Supplies

- Fire extinguisher
- Rags and/or paper towels
- Tow chain or rope
- Ice scraper and brush
- Tools
- Shovel and booster cables
- Sand, salt, kitty litter or traction mat
- Methyl hydrate to de-ice fuel line

### Staying Safe if Trapped in your Vehicle during a Winter Storm

- Pull off road or highway if you can do so safely and make use of the supplies in your vehicle emergency kit.
- Stay inside the vehicle. Do not set out on foot unless you can see a building close by, where you know you can take shelter. Ensure the exhaust pipe is clear of snow and check it periodically.
- Turn on hazard lights and set out a warning signal, light or flares.
- Run engine and heater about 10 minutes each hour to keep warm. When the engine is running, open a downwind window slightly for ventilation
- Make use of the supplies in your vehicle emergency kit. Use a light stick for light
- Exercise your arms and legs often to help maintain body heat. Take turns sleeping. One person should be awake at all times to be alert for searchers.

