



## HOME EMERGENCY SUPPLY CHECKLIST - Page 1

### DRINKING WATER

- 4 litres per person per day for at least 3 to 7 days (sufficient for drinking, food prep and brushing teeth)
- 1 litre per day per pet
- Best option is commercially bottled water in PETE bottles (can be stored for up to 2 years without leaking).
  - 2 yr expiry date
  - convenient sizes

### WASHING WATER

- ☠ DO NOT USE FOR DRINKING. Could cause health problems if used as drinking water. ☠**
- Water in flush tank (not bowl)  
(Drink only if not chemically treated and tank cleaned every 6 months)
  - Water in hot water tank ( Drink only if tank drained and flushed every 6 months . Otherwise rust and minerals will accumulate)
  - Water in swimming pool or hot tub

### FOOD

**Be able to produce a week of meals for your family, anywhere, with minimal equipment, heat source and water. Select foods you like to eat which also meet any special dietary needs.**

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| <ul style="list-style-type: none"> <li><input type="checkbox"/> Prepare menu and purchase foods           <ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> Foods needing little or no water to prepare</li> <li><input checked="" type="checkbox"/> Foods with at least a 6 month shelf life</li> <li><input checked="" type="checkbox"/> Comfort / stress food</li> <li><input checked="" type="checkbox"/> Plastic utensils</li> </ul> </li> </ul> | <ul style="list-style-type: none"> <li><input type="checkbox"/> Paper plates &amp; cups</li> <li><input type="checkbox"/> Alternate cooking method &amp; fuel (outdoors )           <ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> propane/charcoal bbq</li> <li><input checked="" type="checkbox"/> butane stove</li> <li><input checked="" type="checkbox"/> white gas or propane coleman stove</li> </ul> </li> </ul> |
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### SANITATION

- Tag for toilet
- Hydrated lime / Brief Relief & Disposa-John bags
- Rubber gloves / scoop / dust masks
- Lots of garbage bags
- Garbage cans with lids

### PERSONAL HYGIENE

- Shampoo / toothpaste / toothbrush /denture supplies
- Baby supplies
- Extra eye glasses / contact lens supplies
- Feminine supplies
- Toilet paper / towel

### HANDWASHING STATION

- Liquid soap
- Water supply for handwashing ( 1 cup per wash)
- Paper towels
- Bucket and cup

### TOOLS

- Duct tape
- Crowbar
- Multi-blade knife
- Can opener/cans with tabs

### SAFETY & COMFORT

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| <ul style="list-style-type: none"> <li><input type="checkbox"/> Sturdy shoes / flashlight &amp; batteries by each bed</li> <li><input type="checkbox"/> Warm protective clothing/poncho</li> <li><input type="checkbox"/> Sleeping bags / blankets / emergency blankets</li> <li><input type="checkbox"/> Flashlights / batteries</li> <li><input type="checkbox"/> Lightsticks / 36 hour candles</li> <li><input type="checkbox"/> Power failure lights/lanterns</li> </ul> | <ul style="list-style-type: none"> <li><input type="checkbox"/> Alternate heat source &amp; fuel</li> <li><input type="checkbox"/> Heavy workgloves (for clearing debris)</li> <li><input type="checkbox"/> First aid kit and manual</li> <li><input type="checkbox"/> Safety goggles / dust mask / whistle</li> <li><input type="checkbox"/> Plastic sheeting /tarps/alternate shelter</li> <li><input type="checkbox"/> Childrens' toys</li> </ul> |
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### CAN'T DO WITHOUT

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|--|---|
| <ul style="list-style-type: none"> <li><input type="checkbox"/> Battery operated / hand crank radio</li> <li><input type="checkbox"/> Extra house / car keys</li> <li><input type="checkbox"/> ID / Family documents / pictures</li> <li><input type="checkbox"/> Medications &amp; spare eyeglasses</li> <li><input type="checkbox"/> Extra batteries stored in original packaging</li> </ul> | <ul style="list-style-type: none"> <li><input type="checkbox"/> Completed "out of area" contact cards</li> <li><input type="checkbox"/> Telling "out of area" contact how the system works</li> <li><input type="checkbox"/> Knowing how to text on your cell phone</li> <li><input type="checkbox"/> At least one plug-in phone (not cordless)</li> <li><input type="checkbox"/> Fire extinguisher (ABC type)</li> </ul> |
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# HOME EMERGENCY SUPPLY CHECKLIST - Page 2

## PET SUPPLIES

- 3 to 7 days of food and water
- Veterinary records / photo / medications
- Leash / pet carrier / ID collar
- Plastic bags/ litter / newspaper

## UTILITIES

- Gas wrench
- Locate street service valve & arrange purchase / share of water key
- Tags for electrical panel and inside water valve

## REMEMBER...

- A pre-stocked safe water supply is best – no boiling (which uses up precious fuel supplies) or treatment required – just open and drink. **BOILING WATER DOES NOT REMOVE CHEMICAL CONTAMINANTS.**
- Check your kit in March and November (same time you change your clocks and smoke alarm batteries) and rotate emergency food supplies into your home food supply

## HOW TO STORE?

- Hydrated lime - in sealed easy to carry containers ( paint can / ice cream bucket) in a dry area.
- Food and water - inside in a cool, dry, dark area – keep the containers away from stored chemicals or fuels. Plastic will absorb hydrocarbon vapors.
- Your gas wrench can be hung near but not on the gas meter

## WHERE TO STORE?

- Closet / cupboard / under a bed – near an exit
- In a carport, garage, or outside shed
- In the basement in an easily accessible location

## WHAT TO STORE IN?

- Wheeled garbage container with a tight fitting lid
- Rubbermaid containers with tight fitting lids
- Knapsack / duffle bag / suitcase

## WEBSITES AND PHONE NUMBERS

Emergency Management BC	<a href="http://www.embc.gov.bc.ca">www.embc.gov.bc.ca</a>	
Emergency Preparedness Canada	<a href="http://www.psepc-sppcc.gc.ca">www.psepc-sppcc.gc.ca</a>	
FortisBC (formerly Terasen Gas)	<a href="http://www.fortisbc.com">www.fortisbc.com</a>	1-800-663-9911 to report gas leak
BC Hydro	<a href="http://www.bchydro.com">www.bchydro.com</a>	1-888-769-3766 to report power outage
Vancouver Coastal Health	<a href="http://www.vch.ca">www.vch.ca</a>	
BC Health Files	<a href="http://www.bchealthguide.org/">www.bchealthguide.org/</a>	
Health Canada	<a href="http://www.hc-sc.gc.ca">www.hc-sc.gc.ca</a>	
World Health Organization	<a href="http://www.who.int">www.who.int</a>	

## NSEMO WELCOMES YOUR LETTERS OF SUPPORT FOR THE PROGRAM

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